




# The Mind-Skin Connection

The mind-skin connection is an emerging field of research that aims to understand how psychological factors such as stress, mood and personality can influence skin health. Several studies have found that positive thinking can significantly improve skin health by encouraging healing and resilience as well as preventing aging skin. When we are in a positive mood, our body will release endorphins, the happiness hormone, which help to reduce skin inflammation, strengthen the skin barrier and increase blood flow, resulting in healthy skin. On the other hand, when we have high stress and negative emotions, cortisol which is the stress hormone, will increase and can cause skin problems such as inflamed skin, acne, rosacea, psoriasis and eczema.

Since the mind-skin connection is becoming more recognized, cosmetic brands use this knowledge to develop new skincare concepts. Many products include well-being scents to help calm down stress and make the user feel happy. Ingredients that can enhance the feeling of well-being such as soothing, calming, relaxing agents or provide skin strengthening are more likely to be added to skincare products as well. Moreover, innovative, unique and fascinating textures such as mousse, dough or mochi will also improve a satisfying sensation. Using these mindful skincare products will help you reduce the impact on the skin from negative moods.



# Guidelines for Registration of Mouth Spray Product

(Revised October, 2023)

1. Mouth spray products are intended solely for “eliminating mouth odor.” They must not be claimed to have properties beyond the scope of cosmetics such as therapeutic, alleviating, treating, or killing germs including properties that suppress, inhibit, kill or counteract bacteria, viruses, anti-inflammatory and other properties related to COVID-19, oral and throat diseases, respiratory system diseases or providing moisture to the mouth and throat.

2. The packaging of mouth spray products should not have a connecting nozzle for spraying into the throat.

3. Naming of mouth spray products

3.1 For mouth spray products containing herbal ingredients with medicinal properties such as *Kaempferia galanga* (Krachai), *Andrographis paniculata* (Fah Talai Jone), Propolis, etc., product name must indicate that it is a mouth odor eliminator. Herbal names can be included as part of the product name such as PROPOLIS REFRESHING MOUTH SPRAY, PROPOLIS MOUTH SPRAY FOR FRESH BREATH, etc.

3.2 The word “KID” or “KIDS” may be included in the product name, but the product should be intended for children 6 years of age and above. The appropriate amounts of formula components should be considered such as alcohol content. And, the label must bear a warning statement, “Not suitable for children under 6 years of age.”

3.3 The use of the words “BABY, INFANT and NEWBORN” as part of the cosmetic name is not permitted.

4. For submission of application for a product registration, the applicants must submit the following documents:

4.1 Image of actual, ready for sale product (in an actual packaging) including any accessories (if any).

4.2 Images of the actual label from all sides. The label must not contain text or image that misleads beyond the scope of cosmetics or implies to have therapeutic, symptom alleviating, disease treating or germ-killing properties or any other similar claims.

4.3 A company certificate signed by the board members stating that they will not claim the product beyond the scope of cosmetics or to have therapeutic, alleviating, treating or germ-killing properties such as suppressing, inhibiting, killing or counteracting germs, bacteria, viruses, anti-inflammatory properties and properties related to COVID-19, oral and throat diseases, respiratory system diseases or providing moisture to the mouth and throat. If not complying with this requirement, they agree to have the revocation of registration certificate and to be pursued with legal action.



# EVENT WEBSITE

# MAR-APR 2024

## 4 Mar

Daito Seminar, Penang,  
Chemico Asia Pacific (M) Sdn. Bhd., Malaysia

## 27-29 Mar

Annual Meeting Dermatological Society of  
Thailand 2024, Bangkok, Thailand

## 3-5 Apr

ProPak Vietnam 2024, Ho Chi Minh, Vietnam  
<https://propakvietnam.com/en/about-propak-vietnam-2023>

## 11 Apr

Tri-K Seminar, Ho Chi Minh,  
Chemico Vietnam Co., Ltd., Vietnam

## 12-14 Apr

16<sup>th</sup> Philippine Food Expo 2024, Manila,  
Philippines  
<https://philippinefoodexpo.ph>

## 16-18 Apr

in-cosmetics Global 2024, Paris, France  
<https://www.in-cosmetics.com/global/en-gb.html>

## 23 Apr

CAHB Toiletries Seminar, Jakarta,  
PT. Kemiko Indonesia, Jakarta, Indonesia  
Corum Seminar with Dr. Bay, Ho Chi Minh,  
Chemico Vietnam Co., Ltd., Vietnam

## 25 Apr

CAHB Toiletries Seminar, Bandung,  
PT. Kemiko Indonesia, Jakarta, Indonesia  
Momentive Seminar, Kuala Lumpur,  
Chemico Asia Pacific (M) Sdn. Bhd., Malaysia

## 7 Mar

Daito Seminar, Kuala Lumpur,  
Chemico Asia Pacific (M) Sdn. Bhd., Malaysia  
Nexira Seminar, Chemico Philippines Inc., Philippines

## 1-2 Apr

Beautech Expo (Cosmetic & Salon) 2024,  
Guwahati, India  
<https://www.beautechexpo.com>

## 9 Apr

Tri-K Seminar, Hanoi, Chemico Vietnam Co., Ltd.,  
Vietnam

## 11-12 Apr

Cosmetics Ingredients International Expo 2024,  
Chennai, India  
<https://cosmetics-ingredientsexpo.com>

## 14-15 Apr

Natural & Organic Products Europe 2024,  
London, UK  
<https://www.naturalproducts.co.uk>

## 23-25 Apr

Global Ingredients Show 2024, Moscow, Russia  
<https://new.ingred.ru/en-GB>

## 23-26 Apr

International Cosmetic Raw Materials and  
Technology Exhibition 2024, Goyang-Si,  
South Korea  
<https://www.in-cosmetics.com/korea/en-gb.html>

FHA 2024 - Food & Beverage, Singapore  
<https://thafnb.com>



**DCAC Color Cosmetics Seminar 2024**

**Agenda**

- 9:00am Customer Arrival and Breakfast
- 9:40am Opening from Chemico
- 9:40am Market Trends 2024
- 10:40am Performance Improvement for Makeup
- 12:30pm Q&A & Photo Session
- 12:40pm Lunch Break
- 1:30pm Formulations and Product Focus
- 3:45pm Q&A
- 4:00pm Tea Break and Goodbye!

**Tuesday 20.02.2024**  
CHEMICO MALAYSIA SEMINAR HALL - 9:00 am - 4:00 pm

See you soon!

## DCAC Color Cosmetics Seminar, KL Malaysia

Daito Chemico Asia Color Cosmetics Center (DCAC), together with Chemico Asia Pacific (M) Sdn. Bhd., KL branch, held a seminar entitled “DCAC Colour Cosmetics Seminar 2024” on February 20<sup>th</sup>, 2024. The seminar presented the following topics, Color Cosmetics Trends 2024, Performance Improvement for Colour Cosmetics and in-cosmetics Asia 2023 Inspired Formulation. Total of 19 participants from 13 companies joined the seminar in KL.

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**Thursday 22.02.2024**  
CHEMICO MALAYSIA SEMINAR HALL - PENANG - 9:00 am - 4:00 pm

See you soon!

## DCAC Color Cosmetics Seminar, Malaysia

Daito Chemico Asia Color Cosmetics Center (DCAC), a member of Chemico group, Thailand together with Chemico Asia Pacific (M) Sdn. Bhd., Penang branch, held a seminar entitled “DCAC Color Cosmetics Seminar 2024” on February 22<sup>nd</sup>, 2024. The main topics of seminar discussed on Color Cosmetics Trends 2024, Performance Improvement for Color Cosmetics and in-cosmetics Asia 2023 Inspired Formulation for Northern of Malaysia customers.

**FACTS ABOUT ACNE SOLUTIONS**

Online Webinar CAHB

**Roman Leavittavat M.D., MSc.**  
 Director of Dermatology  
 Head of Science in Dermatology  
 Director of Dermatology  
 Head of Science in Acneology and Regenerative Medicine

Wednesday, 28<sup>th</sup> February 2024 | 10:00 a.m. - 12:00 p.m. MMT

Follow us [Facebook](#) Chemico Myanmar  
 Contact us for the register +95 925 3845488 | [contact@mm.chemicogroup.com](mailto:contact@mm.chemicogroup.com)

## CAHB Webinar, Myanmar

Chemico Myanmar Co., Ltd. organized an interesting webinar under the topic “4 Facts about Acnes and Solutions“ on February 28<sup>th</sup>, 2024. The main speaker is our medical consultant, Dr. Romun Leavittavat. The webinar presented about facts of acnes and main ingredients for recovery mask, toner, daily serum, spot gel and scar treatment. Formulations, formulation tips and the related raw materials were also included.

